



Tumwater Basketball Program

Mission Statement

As members of Tumwater Basketball we will conduct ourselves with the utmost character. We are committed to achieving success both on and off the court. In our community we will volunteer and serve as role models. We will build lifelong relationships with each other based on trust and mutual respect. Each member will develop skills as players and people through actively setting goals. At Tumwater we will be defined by our culture and leave a lasting legacy in our community.

Program Description

Culture

Each player will have instilled in them the drive for success. Through hard work you can accomplish anything and this will be evident in all that we do. Each player will establish goals short and long term for themselves as players and students. We will develop steps to achieve each goal and work daily to complete them.

Character as players and people will be stressed at every level. No player will be allowed to lie, steal, cheat or disrespect the coaching staff. Players will be expected to go to class, get good grades, seek help and prepare themselves for life after basketball. Each player will personally know that our coaching staff will help them in accomplishing their goals as much as possible.

Offensively

The program will have a high caliber offense focused on getting the ball up the court as quickly as possible. We will try and attack defenses before they are ready to set up. This will be accomplished by quickly rebounding misses, taking the ball out fast, advancing the ball with a pass and playing great defense.

On dead ball situations or if we do not get anything on a fast break we will then run high quality set plays focused on good screens, misdirection and back cuts. We will also run a 5 out motion offense that focuses on cutting, ball movement and coming off screens.

Our teams will be disciplined enough to execute when needed but also be allowed the freedom to be creative and capitalize on their improvement as players. Each player will know that the coaching staff believes and trusts in them.

Defensively

The defense will focus on ball pressure on the point guard and keeping the ball away from the hoop. The “bulldog” position will be expected to pick the ball up full court making it as difficult as possible for teams to set up their offense. Wings will fill gaps and help making it difficult to drive to the hoop.

Player will be expected to provide help, when players are weak side of ball they will establish an “I”. Bottom of the “I” helps on baseline top of “I” takes first pass. The key to this defense lies in ball pressure, filling gaps and rotating.

A set of rules will be established for each defensive situation so when the situation arises they know how to respond. An example would be on down screens players must go ball side while the screener’s defender extends the screen making it difficult to curl. Rules for rip screens, ball screens, back screens and others will all be established.

Youth Development

An emphasis will be placed on youth development throughout the high school basketball program and the underlying school district. Teams will be put in place for every level, 4th grade through 8th to develop complete players at every age. Camps & clinics will be offered and high school players will volunteer their time coaching and training with each age group.

We hope to develop a machine that produces high quality, fundamentally sound players by the time they get to high school. Guidelines will be given at every age for every coach with opportunities to attend coaching clinics. We believe this is one of the most important parts of a program and will be a major focus.

Player Management

Our player management style will not focus on fear as the main motivational tool but rather mutual respect and common goals. Players will be allowed to play and flourish but they must know they will be held accountable for their mistakes. Players will have complete control over their punishments because if they do what they are told and work hard we will be satisfied.

Everything in life has a balance and we will do our best to find that balance in managing players. We will try and get the most out of our players in a positive manner. Negativity will be avoided and constructive criticism will be implemented.

Team Rules

- 1. Set and achieve goals.**
- 2. Be early not on time.**
- 3. Respect coaches and teammates.**
- 4. Abstain from drugs and alcohol.**
- 5. Perform in the classroom.**
- 6. Try as hard as you can in all that you do.**
- 7. Believe in yourself & in your team.**
- 8. Be a person of high character.**

Strength & Conditioning

Our strength & conditioning program will not focus on building bulk but in building the strength necessary in the sport of basketball. We will put our time into developing quickness, athleticism, core strength and flexibility. This will be accomplished through plyometric, resistance training and simply using the movements that are used on the court. Jumping, sitting down in a stance and exploding up the court. Balance is also a key to success and will be worked daily.

Nutrition

Nutrition plans will be implemented for each player. Proper eating habits are not only important in performance but also the foundation to a healthy life. Players will understand nutrition, what allows for peak performance and how what you put in your body affects the way you play.

Education

Players are expected to perform in the classroom to the best of their ability. If a player is having trouble then they will be given help. The progress in the classroom will be closely followed and documented. Every player is expected to graduate. There will be absolutely no leniency in player expectations in the classroom. If you don't perform in the classroom you will not play on the court.

We also want to help each player find their path in life for an occupation. Too many times students work towards a degree in a field they aren't even interested in. We believe this will be a key to academic performance. We want to find what each individual is best at and interested in and help them make a decision in their academic program based on that.

After Graduation

When players leave the program we want them to feel like they were a part of something special. They will have the foundation in place to have a quality life and a bright future. Players will always know they can come to us for help in all aspects of their life, forever. They will have learned how to work hard and succeed which will spill over into daily life. Our goal is to have players leave with pride in their program and look back with nostalgia.

Coaching Staff

Head Basketball Coach



Josh Wilson takes over the helm of the Tumwater High School Boys Basketball as his first high school coaching job. Coach Wilson comes from South Puget Sound Community College where he spent the last two seasons as an assistant coach. Wilson also spent the past 4 years as the Head Coach of Roots Basketball Academy. Josh is the Co-Founder of Roots Sports Academy which has location in both Longview and Olympia, WA. Prior to moving to Olympia Josh was the Associate Head Coach at Lower Columbia College in Longview, WA.

Wilson is an experienced basketball player having played in high school, NCAA division 1, and professionally. He achieved success at every level through hard work and dedication to the game he loves. He is originally from Longview, WA where he graduated from Mark Morris High School while leading his team to the state championship game in 2005.

Wilson went on to play at Northern Arizona University where in his first year he became a starter and broke the single season assist record, ranked 9th in the nation in assists and was named Big Sky MVP by collegeinsider.com. He went on to become NAUs all-time leader in career assists, minutes played, and is 3rd all-time in the Big Sky Conference history in career assists. In 2009 he turned pro where he played for three years in Germany, Hungary and Finland.

Josh graduated NAU with a Bachelor in History earning 4 golden eagle student athlete awards and an ESPN The Magazine Academic All District 8 Selection. He went on to receive a Master's in Business Administration from Marylhurst University in 2011. Josh is a member of the Lacey Rotary Club where is on the board and is the clubs PR Director. Coach Wilson currently works for Morgan Stanley in Olympia and lives in Tumwater. Josh is married to Dominique Wilson and has three children, daughters Kamryn and Margo and son Ray.

Coaching Career Highlights

South Puget Sound Community College

2015-2017 Season

- First West Region Championship in School History
- Overall 45-13 Record
- 24-4 in West Region Play

Roots Sports Academy

2010-2017 Season

- Sent 60% of Players to College Programs
- 100% Players Went to College
- Grew AAU Program to 17 teams
- Coached Hundreds of Kids of on Fundamentals and Skills Training

- Leading Shot Transformation Instructor in the Pacific Northwest

Lower Columbia College

2013-2014 Season

- NWACC Tournament Top 16

Playing Career Highlights

Professional

Finland (2012) Torpan Pojat

- 14.1 PPG, 3 ASST
- 55% From Field, 48.4% From 3, 93% FT

Hungary (2010-2012) Kaposvari KK

- League High 43 points in a single game.
- Averaged 19.8.PPG, 4 ASST, 4 REB. (2010-2011)
- Averaged 17.9 PPG 5.9 ASST, 3 REB (2011-2012)
- Hungarian All-Star Selection.
- Eurobasket Player of the Week Award.

Germany (2009-2010) Erdgas Ehingen

- Averaged 14.6 points 6.2 assists per game.

College

Northern Arizona University

- 2008-2009 Bob Cousy Point Guard of The Year Nominee .
- NAU Career Assist Leader (636).
- NAU Single Season Assist Record (195).
- Only Player In Big Sky History To Lead The League In Assist for Three Consecutive Seasons.
- 3rd All Time Big Sky Conference Career Assists.
- Only Player In Division 1 To Rank Among The Top 40 Assist In First Three Seasons.
- Finished 9th in the Nation In Assist Per Game as a Freshman, 11th As A Sophomore.
- Started 113 of 117 Career Games.
- 2 Year Team Captain .
- All Big Sky Team, Second Team (2008,2009).
- ESPN The Magazine Academic All District 8 Selection.
- 2005 Big Sky MVP CollegeInsider.com.
- Most Minutes Played NAU Career.



Head JV Coach



Leif Hatlen grew up in Livermore California where he attended Livermore High School, he played all four years for the Cowboys. He was named 1st team all-league, Most Valuable Player, Most inspirational and Captain of his squad.

He went on to play at Pacific Lutheran University for four years Under Coach Bruce Haroldson, where he was named most inspirational and most improved. Coach Hatlen graduated from Pacific Lutheran University where he played basketball for four years and earned his degree in Business Administration with an Emphasis in Financial Resource Mgmt.

He has been living in the South Sound since 2001, he has two kids (6 and 9), and works for First Citizens Bank as a commercial Lender. He has been heavily involved in the community through South Sound Roots Sport Academy, The Nisqually River Foundation, Coaching his children through the YMCA and Upwards and has formally served as part of the Lacey Rotary and a board member of the Rotary Foundation.

Basketball Experience & Accolades

Playing Experience:

Livermore High School: 4 Years

- 1st Team All-League
- Captain
- Most Valuable Player
- Most Inspirational

Pacific Lutheran University: 4 years

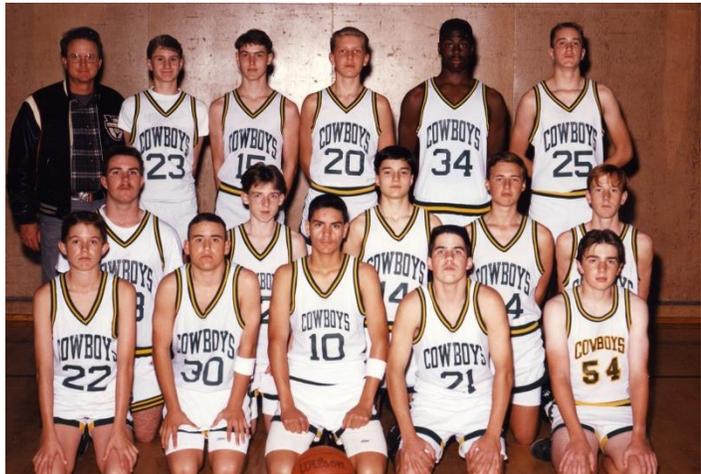
- Most Inspirational
- Most Improved

Coaching Experience:

- YMCA
- Upward Basketball
- South Sound Roots 15 AAU

Board Affiliations:

- South Sound Roots Academy
- Nisqually River Foundation



Coaches with Bios Coming Soon!

Varsity Assistant	Marcus Whittaker
JV Assistant	Soosoo Taulelei
C Squad Head Coach	Brandon Frazier
Director of Youth Development	Mark McCorkle
8th Grade AAU Varsity	Lyle Overbay
8th Grade Bush Middle School Varsity	Ed Born
7th Grade AAU Varsity	Marty Reid
7th Grade AAU JV	Natalie McCoy
6th Grade AAU Varsity	Greg Jones
5th Grade	TBD
4th Grade	TBD

Contact Information

Coach Wilson	360-751-4069	josh.wilson@tumwater.k12.wa.us
Coach Hatlen	253-241-3283	leif@tumwaterbasketball.com
Coach Whittaker		bigwhitt13@gmail.com
Coach Taulelei		staulelei@gmail.com
Coach Frazier		Brandon.Frazier@tumwater.k12.wa.us
Coach McCorkle		mark@tumwaterbasketball.com
Coach Overbay		overbaylsaa@mac.com
Coach Born		Edpatborn@aol.com
Coach Reid		mary.reid@tumwater.k12.wa.us
Coach McCoy		natlebug@comcast.net
Coach Jones		jonesac75@yahoo.com